Cenegenics Carolinas to Offer Free Carotid Interna-Media Thickness (CIMT) Ultrasound Scans to Women During February in Recognition of American Heart Month

The Associated Press

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TO BUSINESS, CITY, AND HEALTH EDITORS:

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(CIMT) Ultrasound Scans to Women During February in Recognition of

American Heart Month

CHARLESTON, S.C., Feb. 9, 2012 /PRNewswire/ -- Representatives from

Cenegenics Carolinas, the southeast's leading age management practice,

today announced that the practice will offer free Carotid

Interna-Media Thickness (CIMT) ultrasound scans to women in

recognition of American Heart Month this February.

The CIMT ultrasound scan is a non-invasive test that is designed to

help predict future cardiovascular events, including heart attacks and

stroke.

"Many are unaware that heart disease is the number one killer of women

today, killing one out of every three women," said Dr. Mickey Barber,

CEO and CMO of Cenegenics Carolinas. "During American Heart Month,

Cenegenics Carolinas would like to draw attention to the fact that heart disease is also preventable. The American Heart Association recommends CIMT testing to all patients over 45 years of age, and younger if the patient has multiple risk factors such as a family history. We are happy to be able to offer women the opportunity to track their current health and help prevent future heart disease and encourage women in our area to take advantage of this procedure, which could potentially save their life."

About Cenegenics Carolinas

Cenegenics Carolinas is a Charleston-based medical institutethat helps patients manage the aging process through a customized regimen of exercise, nutrition and hormone optimization to improve their quality of life and help them feel healthy and years younger than their age. CEO Mickey Barber, MD, a board-certified anesthesiologist, former assistant professor at Tulane University and leading healthy aging physician in the Carolinas, heads Cenegenics Carolinas, the first Cenegenics center in the country. For more information about Cenegenics Carolinas, call (843) 724-7272 or visit www.cenegenicscarolinas.com.

SOURCE Cenegenics Carolinas

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/Web Site: http://www.cenegenicscarolinas.com

CO: Cenegenics Carolinas

ST: South Carolina

IN: HEA MTC

SU: WOM

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