Professor Releases Weight Management and Healthy Blood Sugar Control Products

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KNOXVILLE, Tenn., Sept. 20, 2012 /PRNewswire/ -- How would you like to experience the effects of running three miles or staving off Type 2 diabetes without making drastic changes in your lifestyle? With nutrition supplements developed by a UT professor, you can.

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NuSirt Sciences Inc., founded by professor emeritus of nutrition Michael Zemel, has released a weight management product called NuShape, and a product for healthy blood sugar called NuControl.

"NuSirt Sciences seeks to use our understanding of how molecules function and relate to one another and combine it with our knowledge of metabolic pathways," said Zemel. "This can uncover metabolic activities in safe, natural products that prevent metabolic diseases such as obesity, metabolic syndrome, diabetes, and cardiovascular disease."

NuShape is an all-natural weight management product taken in pill form. When taken twice a day, it burns up to 300 calories a day by increasing fat oxidation. Clinical randomized studies [2] show that when combined with modest caloric restriction (exercise or diet), participants nearly doubled both fat loss and weight loss over a three-month period. For a six-month period, they maintained 60 to 70 percent of weight loss or fat loss. The product also was shown to help participants retain lean muscle mass, which is typically lost during dieting.

But the pill does need a little help.

"Let's be clear; this is not magic," said Zemel. "Instead, this is a product that will work with you. We ask that you add about fifteen minutes a day of moderate physical exercise over and above what you already do. That should burn about 100 calories. With NuShape, you will burn an extra 400 calories a day."

Zemel also stressed that customers who take more than two pills a
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