

Weight-loss: Bariatrics blow away drugs in improving heart health | MassDevice.com On Call

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Weight-loss surgeries beat drug therapy in improving heart health risk factors, such as high blood pressure, diabetes and high cholesterol, a meta-data analysis finds.



MASSDEVICE ON CALL — Patients who underwent weight-loss surgeries such as gastric banding saw greater improvement in their heart health, according to a U.K. survey of more than 70 bariatric surgery studies which included nearly 20,000 patients.

"The magnitude of effect on risk factors is impressive, and to date no pharmacological therapy for weight management or diabetes has shown a comparable effect over these short time periods," according to the study. "In appropriately selected patients, especially those with a high cardiovascular risk, surgical weight loss could be life- saving."

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