

Weight loss: Gastric banding fights obesity long-term, study finds | MassDevice.com On Call

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15-year study concludes that gastric banding can fight obesity long-term, with patients, on average, keeping off half of their excess weight at 10 years.



MASSDEVICE ON CALL — Gastric banding proved an effective means of treating obesity long-term, according to a 15-year study conducted by Australian researchers at Monash University.

The study was the longest of its kind yet reported, and found that the 10-year follow-up group of patients lost and kept off on average nearly half of their excess weight.

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